



That First Date

Contents

That First Date.....	2
Building Your Confidence in Dating Women	4
Ask the Right Questions First	5
Honesty Really is the Best Policy	6
What to Talk About on a Date	7
Where to Go on Your First Date	8
Places to Meet Women to Date.....	9
Blind Date vs. Internet Date.....	10
How Do I Choose the Right Site For Me?.....	11
Dating Etiquette	12



Building Your Confidence in Dating Women

When it comes to dating (or even seducing) a woman, confidence is vital. Women often equate “self confidence” with the ability to be successful. While many men believe that women look for successful men because they are likely to make more money, that is simply not true.

While it is a given, women actually look for successful men because they are more likely to be satisfied. So you may be wondering what a man being satisfied has to do with anything. Let me explain. You see, women know that men who are satisfied with themselves are less likely to go out looking for someone to satisfy them and are more stable.

And in a relationship, that means a man will be less likely to cheat, or change jobs frequently or get himself into any number of other compromising situations. Remember that most women are looking for a man who will be their partner as well as their lover.

Not only do they want a partner when it comes to things like companionship, decision-making and finances, but in the bedroom, as well. In order to effectively seduce a woman you must make her feel as though you are both equals.

When it comes to confidence, it seems there are two kinds of people - those who have it and others who simply do not. Although on the surface this may be true, everyone has the potential to be “self confident”, or motivated if you would like to call it.

Take heart in knowing that you are a good person, smart, funny, good at your job, loving, considerate or whatever else you find to be positive character traits that you have. Be comforted to know that **NOT** all women are looking for a CEO or brain surgeon. They just want a man who is confident with who he is, what he knows and what he has to offer to a relationship with them!

Ask the Right Questions First

OK. You have joined a couple of dating services and written a killer profile. You have uploaded a good picture and now you are going to chat with a contact. What now? How do you start separating those who have real potential and those who do not have any potential at all? You need to find out something about who this strange woman really is and not just who she wants you to believe she is. It would be nice if women wore labels like “Gold Digger” or “Daddy’s girl”but they do not so it is up to you to find these things out and you cannot just ask direct questions. You need to know what mistakes you can avoid making and how to impress this lady if you decide you want to do that.

After you are past the initial small talk, ask her, “What are the biggest mistakes guys make when dating online?” Listen carefully to her answers. She is going to tell you a lot about herself and her views on men in general.

Next you should ask her, “What do you really think about online dating?” Now she will tell you if she has had any bad experiences dating online and help you to avoid making the same things wrong.

Now for the all-important one.....“What caused the break up in your last relationship?” If she puts all the blame on the guy, you should probably move on to the next prospect. If she takes all the blame herself, you should probably do the same. If she says the breakup was by mutual consent or that the relationship just was not right for either of them, you have heard the right answer. Move forward but always with caution.

Asking the right questions will give you insight and make you more confident when you meet the lady for the first time.

Honesty Really is the Best Policy

When you join an online dating service, you are looking for a girl that you can like...even come to love. That girl is looking for a guy that SHE can like or even love. What you are not looking for is a girl who would like your best friend or your idea of what the perfect guy looks like or talks like or thinks like. So, in order to find the right girl for you...and she IS out there...you need to be completely honest with yourself about yourself when writing the online profile, during the dating process and beyond.

The best way to begin writing your profile is to carefully analyze your past relationship(s). What was right? What was wrong? What things really made you like the last girl? Which did not? Do not assume that just because you hated that your last girl was so totally self-involved that she could not see anything else, you will be able to overlook that quality this time. You will not.

If you are not 6'1" with a six-pack to be proud of, do not claim to be. If you are a bar tender, do not claim to be a lawyer with a six figure income. If you are 40 going on 50, do not pretend to be 30 something.

Remember, the idea here is to find a girl who will like you exactly like you are. If you have lied in your profile, the first face-to-face meeting will confirm all her doubt that you are a liar...and probably a cheat, as well.

Lastly, once you have found a girl that you believe can be the one for you, for goodness sake, cancel your membership to the online dating service. After all, you know and she knows that online dating services are intended for those who are looking...not those who have found or been found.

What to Talk About on a Date

I am sure you want your date to have fun and you want to have fun, too! You want to ensure that the conversation is interesting and stimulating for both of you.

Body language always speaks first in any conversation. When you are confident, your body relaxes, becomes more open, you lean in, you smile, and you become more animated. When you are tense or not at ease with yourself, you will be sitting back, crossing your legs, maybe your arms, your mouth will barely break a smile, and your eyes will be searching elsewhere in the room. Knowing this will allow you to convey confidence with your body language.

Your verbal dating conversation skills will largely be judged on how able you are to create a conversation that your partner enjoys. Ultimately, that leads to you getting more dates. If you are thinking this is obvious, yes it is! The question is HOW to create an interesting conversation.

Your dating conversation will be made up of you both asking and answering questions. If you ask the right questions, your partner is going to have fun. If you ask the wrong questions, he or she is going to ditch you. If you are evasive or less than honest when answering his or her questions, he or she is going to ditch you quicker.

Questions are powerful. Funny thing is that when a person is asked a direct question they somehow feel obligated to answer it. Here are some conversation starter question ideas for your first date:

“What do you love to do in your spare time?”

“What do you particularly enjoy about that?”

“If you could go on a fantasy holiday, anywhere in the world, where would it be and what would you do?”

By asking these questions you will cause your date to recall pleasant past experiences and share them with you.

Where to Go on Your First Date

That is an age-old question. Cave men had it made. They firmly believed in kidnapping and taking their date to a filthy cave out in the middle of nowhere. Those were what are known as the good old days. Nowadays, first date destinations and plans are a little trickier. First let us cover where NOT to go on a first date.

The old standby of dinner and a movie is a really poor choice for a first date. How will you get to know the lady if you are sitting in a darkened theater with a movie being shown? If you choose the movie, there is probably going to be a lot of frantic car chases and a lot of blood involved. Neither is conducive to creating a memorable evening.

Also, do not take your date to your parent's house! She will know right away that you are a mama's boy and you will never see her again.

Do not take your date to a sleazy bar with a motel out back. You will scare the poor woman to death. She will jump out of the car and hitchhike back to town believing that she would be safer with a burly truck driver than with you.

Now, some good first date ideas are:

Begin with a simple lunch or coffee date. You want to keep the date casual so suggesting meeting up for lunch or coffee can be a good start. This way, if the date did not go so well, you can end the date there but if you enjoy each other's company, you have the rest of the day to spend getting to know each other better.

Here are some ideas of where to go if the lunch or coffee date tells you there is some good chemistry happening:

If it is the season, an amusement park or a theme park is a good first date idea. It does not matter how old you are, we can all be big kids at heart. There is so much you can do at amusement parks and theme parks that most likely you will forget about the dating pressure and just have fun.

Most well populated areas have an array of museums covering many different subjects. Visiting one that is dedicated to something that you have in common with the woman is another good first date idea.

Places to Meet Women to Date

Meeting women that you would actually want to date and, maybe eventually, bring home to meet mom and dad, is not as hard as it sounds. There is, of course, the singles scene out in the bars and clubs all over town but I do not recommend that one. It is not that just bad girls go to bars; it is that it is hard to tell the good ones from the bad ones.

You meet women at work, too, but, there again, I do not recommend dating them. The problem with that is that, if things do not work out, you will still have to work together and the situation could be awkward to say the least.

Your friends know women that you have not met - sisters, cousins, etc. Ask them to introduce you to them. But, big brother, do avoid blind dates. Those things hardly ever work out and you can spend a lot of money for a very uncomfortable evening.

The best places to meet women that you might actually want to date are at clubs and organizations that you belong to. You will already have something in common with them and will have had the opportunity to see them interact with other people and that tells you a lot about a person. If you are not already involved with any clubs or organizations, then join some. Find ones that are all about something you are interested in. There are clubs and organizations that cover just about anything you can think of from astronomy to zoology and single women are involved in all of them.

Church is an excellent place to meet women. If there is not any single woman in the church you go to now, visit other churches until you find one where there are single women. The church itself will provide you with an opportunity to get to know the woman before you ask her for a date. You will be a lot more comfortable and so will she.

Get involved in civic organizations. Women love men who are civic minded. They admire men who are willing to “give back”. And what about political campaigns? You will meet a lot of young women who are passionate about politics.

If all else fails, join a good online dating service. You will meet a lot of eligible women. You can read their profiles and see pictures of them. After you get to know one well enough to ask her for a face-to-face meeting, be sure that you plan the meeting during daylight hours and in a public place.

Blind Date vs. Internet Date

Your friend has decided that you need help with your social life so she sets you up with a blind date....a friend of a friend of a friend. You foolishly accept. Now there you are. It is less than one hour since you were introduced. You are sitting in a Thai restaurant and you hate Thai food. The entrée has not yet been served. His idea of enlightened conversation is who will be in the final four...you are not into sports. He knows the weekly TV schedule verbatim....you have not sat through a movie in months because you run marathons and volunteer at the local food bank. He says, "Volunteering is a waste of time because you cannot help 'those people' anyway." You look at your watch; see that it has only been 10 minutes since you last looked at it the last time and wonder how long it is before you can gracefully remove yourself from the situation. Been there?

Now imagine a date with someone you met through internet dating and have been chatting online with and exchanging emails with for quite some time. First, you do not need to be introduced. You already know this man. You are sitting in an Italian restaurant enjoying a delightful meal because you both know that the others favorite is Italian. The conversation flows easily as you discuss common interests. He runs marathons and loves history just like you do. You happily discuss the volunteer work that each of you is involved in. You look at your watch and discover that it is late...very late...where Has the time gone?

There is a big difference between a well-intentioned friend "setting you up" and choosing a man for yourself who shares your interests and tastes, isn't there? Now which one would you rather have?

How Do I Choose the Right Site For Me?

With the explosion of online dating sites has come a virtual smorgasbord of choices. There are free sites... I do not recommend those but if money is a real concern, they are better than nothing. There are the large paid sites with many and varied features like chat, IM and even matching using profiles. There are the less expensive paid sites with few features. There are special interest sites for almost anything you can think of...outdoor enthusiasts, couch potatoes, religious, non-religious, gays, lesbians...like I said...almost anything you can think of. So what's a girl to do? A girl should choose the site or sites that best fit her needs.

Here are some things to consider:

- (1) Cost. How much do you want or how much can you spend each month for your membership(s)?
- (2) Features. Which features are the most important to you?
- (3) Profile matching systems. Is this a feature you really want or would you rather decide who is right for you all by yourself?
- (4) Chat and IM's? There are websites who offer chat rooms and IM. Does that matter or would you be happy just sticking to private email.
- (5) Outside Events...such as speed dating? Are you interested in that?
- (6) Privacy. Some websites allow you to limit who can view your picture or your profile. Does this matter to you or do you want as wide exposure as you can have?
- (7) Safety. There are websites who do background checks of all subscribers and certify their age, marital status and background. Would you feel safer using this feature?

These are a few things but not all things you should consider when choosing an online dating service or services. Do your homework and choose wisely for the best results for you.

Dating Etiquette

When you go on a date there are certain things and ways you should behave. Of course you want the person to get to know you so you should not try to be someone that you are not. When you go out on a date you should look and dress nice. This will show the other person you care about your appearance but you also care about what they think about you. If you do not care about what the other person thinks, then you probably should not be going out on a date with them.

Depending on the person you are taking out, you should also remember to open the car doors and all doors for your date. If the woman you are going out with is a feminist, then let her open the doors and do things for herself or it will bother her. She also will want to pay for her own meal. If you are not going on a date with an independent woman who is a feminist then you should open the doors, be on time when you pick her up, and be prepared to pay for the entire date. Do not take your date somewhere you cannot afford and find yourself asking your date for money to cover the bill.

Dating etiquette also includes not making the other person feel as if they are on an interview. It is common for people on a date to ask many questions and they just want to get to know the other person. However, do not make them feel as if they are on an interview or you might scare them off. Be sure to create a comfortable atmosphere.